



Reclaiming Resilience- Voices from the Frontline

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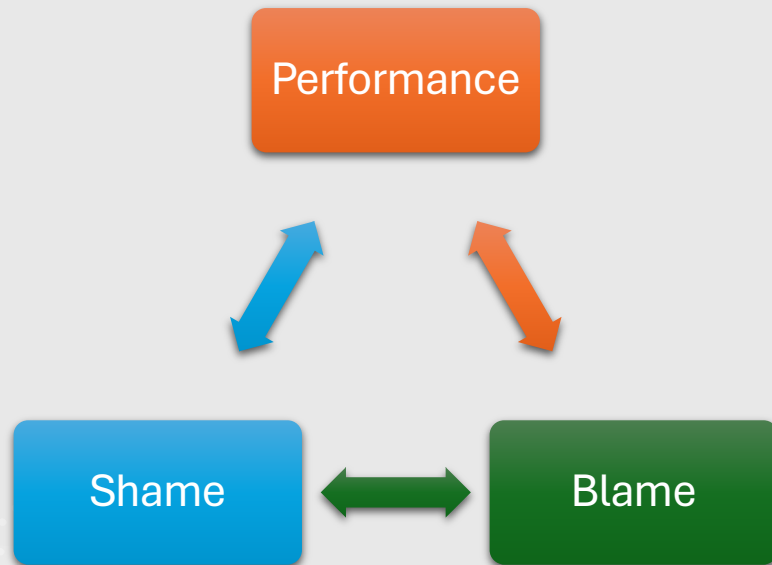
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Resilience, Advocacy and Wellbeing- **RAW**

Reclaiming Resilience through solidarity, organisational and individual action- Action research with 'Women of a certain age' at Bournemouth University.



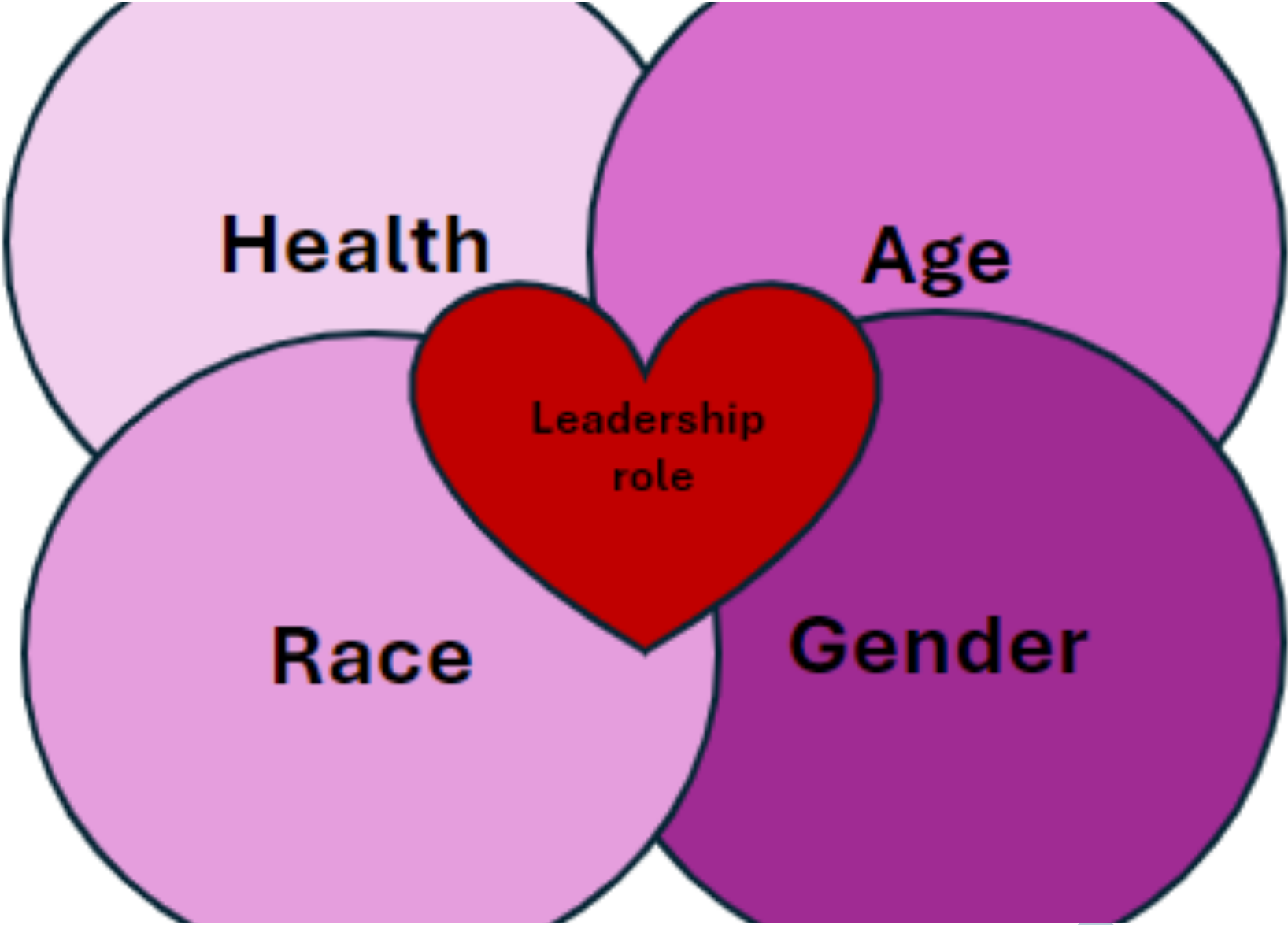
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The 'stress-baseline'- We win!

- Social Workers have higher levels of stress compared with the general population and are more likely to experience higher levels of psychological distress compared to similar occupational groups. (Jones et al. 2022).
- Organisational cultures and the perception of the profession in society, government and media appear to have an impact the level of stress experienced by practitioners.







**Reclaiming
Resilience
through
solidarity,
organisational
and individual
action: a recipe
for performance.**

**An Appreciative
Inquiry**



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